



HOSPITAL WEEK

In May, Belmont was excited to celebrate Hospital Week to acknowledge our hardworking staff. While we are always proud of our team's efforts, our staff has demonstrated an even

greater level of compassion, resilience, and fortitude throughout the coronavirus pandemic.

To thank them for all their efforts, Belmont provided staff with goody bags, an ice cream "unsocial," a T-shirt giveaway, and even a nacho bar served by CEO Laura Longstreet! While nothing we do could ever quite feel like enough to thank them for their service to those in their care, we hope our Hospital Week celebration reminded Team Belmont just how valued they truly are.

Together, we are **BELMONT STRONG!**

BLOOD DRIVE

On June 10, Belmont partnered with the American Red Cross to host a blood drive. We set a goal of collecting 30 units of blood, and through the incredible generosity of our staff and community, we were able to collect 32 units. These donations can help toward lifesaving efforts for an estimated 96 local hospital patients! We are incredibly proud of our Belmont team for their kindness, making our blood drive a wonderful success.



HORTICULTURAL THERAPY AT NORTHEAST

At Belmont Behavioral Hospital's Northeast Campus, we offer several different recreational therapies to those receiving treatment, and there is one activity there that sets it apart from other similar programs.

Horticultural therapy is a fantastic, nature-based option that allows participants to engage in gardening activities and learn new skills, making connections between gardening and their own experiences. This type of therapy can have quite a few benefits, including:

- Improving mood
- Improving social skills
- Improving memory & cognition
- Promoting emotional growth
- Stress reduction

Of course, the benefits don't end there. For many who give it a try, gardening often becomes a hobby that brings a sense of joy and serenity, leading to a lifelong love of growing beautiful things!





A TRADITION OF HEALING & RECOVERY

TREATING CHILDREN, ADOLESCENTS, & ADULTS IN PHILADELPHIA



CONSTRUCTION UPDATE

Construction on Belmont's beautiful new facility continues to move full steam ahead! As July came to a close, we were excited to see the building's main curtain wall approaching completion, drywall and taping in our corridors and patient rooms, and concrete being poured to set the stage for more work in the following weeks.

Thanks to the incredible team at ALPA Construction, Inc. for their continued hard work in bringing this vision to fruition!



PRIDE MONTH CUPCAKES

June was Pride Month, and we celebrated the LGBTQIA+ community as well as the work so many are doing to ensure equality in all forms. Belmont Behavioral Hospital is proud to be a resource and an ally by offering inclusive care and making services available for marginalized communities, which often experience barriers to finding the behavioral health treatment they need.

While the events of 2020 certainly changed pride celebrations nationwide, the party didn't stop at Belmont. We took the opportunity to bring a bit of sweet flavor to the month by offering rainbow cupcakes to our staff and patients. Served up by our staff, these cupcakes reminded those within our walls that they are safe, respected, and supported no matter who they love!

For More Information

Please contact our marketing department at
CommunityLiaison@belmontbehavioral.com

4200 Monument Road | Philadelphia, PA 19131

(215) 515-7641